

Please note that you have 72 hours to activate your account once you receive the email from us.

ENTAAFEMA.MD

1

For first time use, click the "Activate" button from the email you received. You will be prompted to type in your name and date of birth. Click "Verify Information" and you will be prompted to set a password. Click "Set Password".

2

You will automatically be directed into the website/computer version of the Portal. This is where you will update information; however, we encourage you to download and utilize the app version on a smartphone for a more user-friendly experience!



**Pocket  
Patient™**

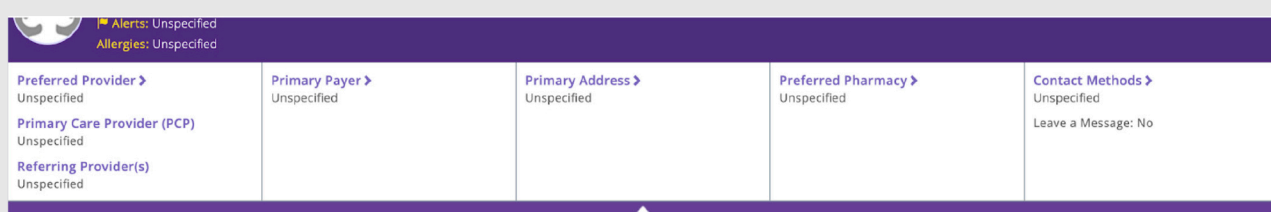


3

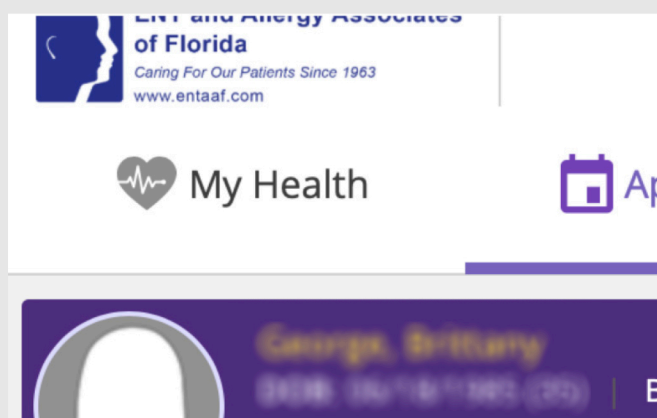
If you prefer to continue with the website/computer version, below is how you will update your information.



In the purple bar, click the upside down carrot. This will open up a new bar.

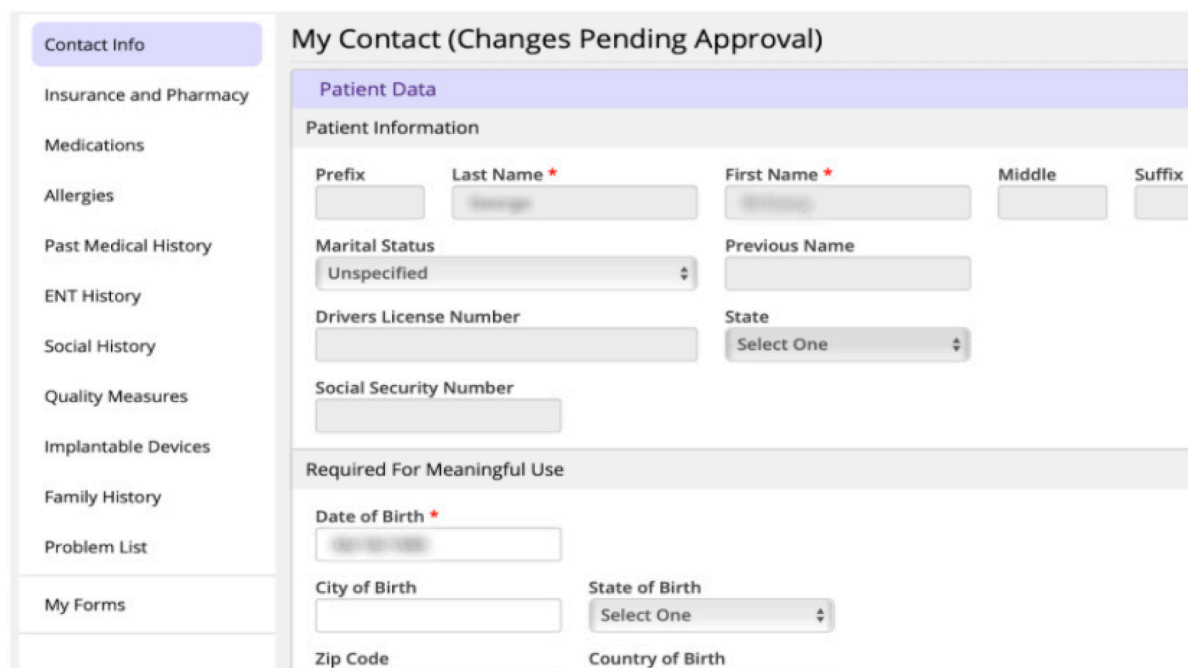


Every category in light purple within the white boxes will need to be clicked, updated, and saved. Then click "My Health" on the upper left hand side.

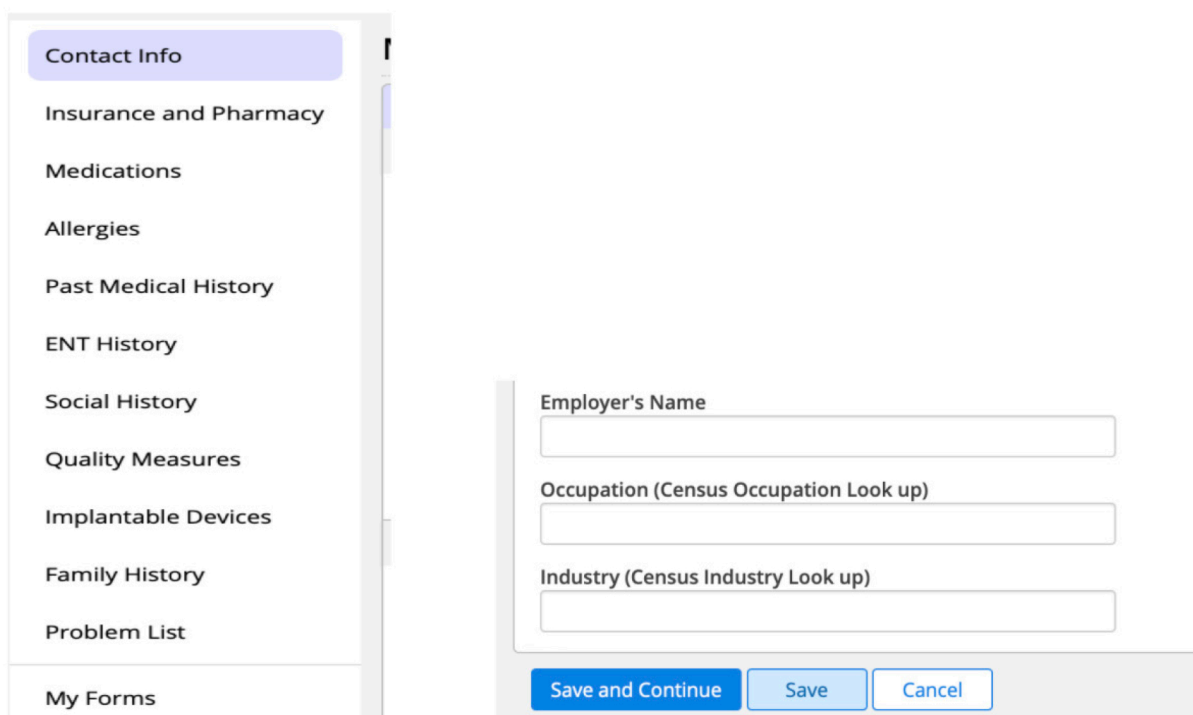


4

Once you click "My Health", it will bring you to a page that looks like this:



Fill out all the sections on the left-hand side. Make sure to click "Save" after you complete the fields in each section.



5

Once you have completed all the fields, feel free to sign out. In order to ensure your profile stays up-to-date, the Portal will periodically send you an email reminder to update it.