



# Tinnitus CASE STUDY

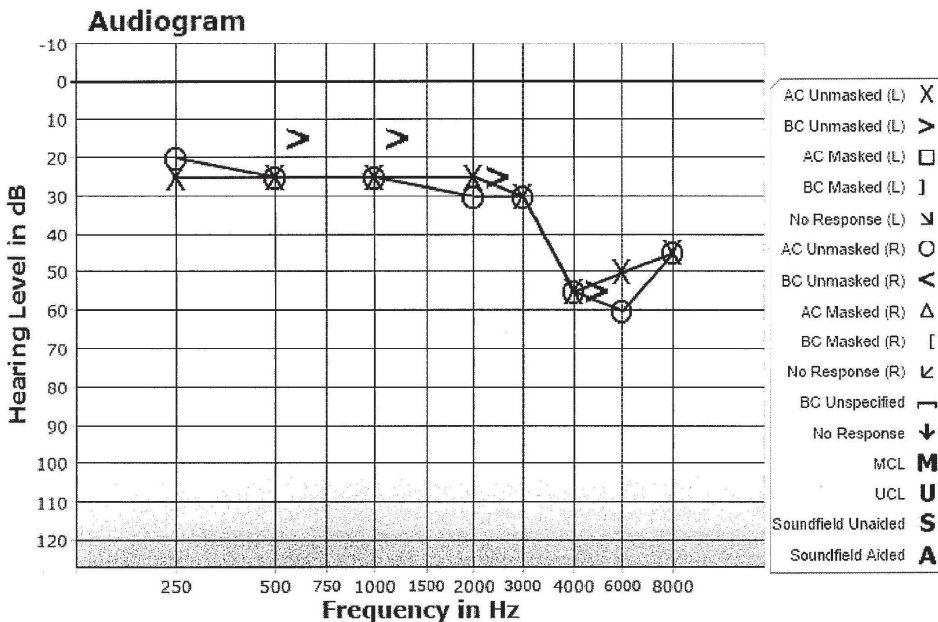
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## Patient History:

A 58-year-old patient presented with debilitating tinnitus in both ears. She reported taking sleeping aids in order to get a restful night of sleep and nearly lost her job due to the distraction of constant sound in her head. She was discouraged with the mentality that nothing could be done to help her tinnitus symptoms.

## Treatment:

A Tinnitus Functional Index Questionnaire was conducted to determine how tinnitus affects the patient's life and in what areas. Her score was a 61%, which is considered Category 4. Additionally, a hearing test resulted in a mild to moderate high-frequency sensorineural hearing loss. After a hearing aid demonstration, she experienced instant relief and was then fit with a hearing aid.



TFI categories based on total TFI score as follows:

- Category 1: 0-43 (0-17% - not a problem)
- Category 2: 43-79 (18-31% - small problem)
- Category 3: 70-134 (32-53% - moderate problem)
- Category 4: 134-180 (54-72% - big problem)
- Category 5: 180-250 (73-100% - very big problem)

## Results:

As follow-up appointments continue, the patient reports increased efficiency at work and is very happy with the progress of her tinnitus symptoms. She will return for an audiologic evaluation in one year.

Based on previous medical feedback and/or online findings, patients are often under the impression that nothing can be done for tinnitus and its symptoms. That is simply not true!

The Florida Center for Hearing Health, a department of Florida E.N.T. & Allergy, specializes in the prevention, identification, and management of hearing loss. Our doctors of audiology work in conjunction with our ENT physicians to address potential causes and treatment options available.



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